

The Mill Pond section should be of interest to bird watchers as it has the pond, quite extensive reed bed and wet meadow below the bank. The section along the side of the Mill Pond is rough under foot(cattle hoof holes) with long vegetation.

Protection is needed against nettles on this section.

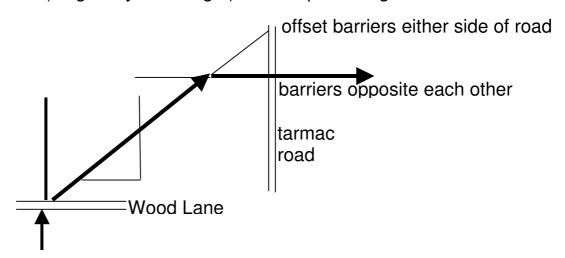
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for essential information about your walk

- 1.Start is by the church go east towards the river following the road to Norton (little traffic on this road). If you started at the lay-by on the top of Cuckney Hill it is worth diverting into the field just before the river for a rest there is a seat with a good view over the river and church.
- 2.Take the first right onto Old Mill Lane, cross the A616 and go up Sandy Lane(byway)
- 3.At the top keep straight on until you come to the A60 at a small vehicle pull-in.

 Note there are paths going off to the left into the wood that lead to a wire fence and the footpath that comes out at the top of the Cuckney Hill. These are not recognised rights of way.
- 4. Walk to the top of the vehicle pull-in, which will bring you level with a lower part of the embankment opposite. You need to be careful crossing and walking up the 40 degree slope, which is about 4 ft high at this point. *If you think you can't manage this the A60 from Cuckney has a payement set well back from the road.*

- 5. Follow the pavement up to the crest of the hill (lay-by) and turn right down the track. This lay-by is an alternative starting point. Follow the track west through the wood. About half way along this straight section the left-hand side opens up.
- 6. Follow the edge of the wood, which then turns right. Make a left turn at the next corner so you are still following the wood's edge(it's the wide path going west).
- 7. Cross Wood Lane (diagonally to the right) and keep heading in that direction.



- 8. Turn right as shown above the barriers should be opposite each other. If you have gone to far you will still come to the road. The path drops down hill to a stand of large beech trees. Cross the beeches diagonally to the right to come out at a lay-by on Wood Lane.
- 9. Turn left towards Langwith Road. Cross Langwith Road and go through the first field gate to the left. The **permissive path** begins at the first field entrance.
- 10. Keeping the hedge/fence on your left you should be able to see over the hedge the old Langwith Mill.
- 11. Follow the field boundary until you come to a pond right, then left, then right turn field corners. And keep following the field boundary. Go through the gap in the hedge and follow the boundary in the next field in the same direction.
- 12. Cross at the bridge and turn right to follow the stream bank.
- 13. Follow the dam wall round to School Lane.
- 14. Take School Lane, at the junction carry straight on along Cresswell Road.
- 15. At the A60 cross over and take the road opposite. Turn left at the Greendale Oak.